



MORTIMER 10KM– COVID-19 MEASURES

Illness in Runners: Runners required NOT to turn up at the race venue if they are unwell or displaying symptoms of Covid-19

Race packs: posted out to runners- no registration and minimal time spent at the start

Track & Trace: QR codes will be displayed at the race venue. Runners asked to download the app before race day and scan the codes. Event chip timing automatically confirms runners attendance.

Contact Tracing: list of runners & marshals, mobile numbers, addresses will be kept on-site and after the event

Enquiry Desk: to avoid queues there will be no enquiry desk – all queries will be dealt with by email before race day

Race Brief: there will be no pre-race briefing on the start line - this will be sent to every runner via email before race day

Race Start: There will be a staggered start between 8.30am-10am (times TBC by April 2nd):-

- The staggered start period is broken into 1 minute time slots
- Each runner has been allocated a 1 minute time band
- 6 runners will go off each minute within that 1 minute time band
- There are a line of marked 'starting boxes' near the start line allowing for 2m spacing
- Runners required not to arrive at the start venue more than 30 minutes before their exact time slot
- Runners required not to approach the starting pens until 10 minutes before their exact time slot
- Race Numbers are in order according to start times, to enable runners to order themselves easily
- The start area is in a wide-open space to enable social distancing rules as runners wait to start
- Hand sanitisers available and on display throughout the start area

Toilets: at the start/finish to be outside with 2m queueing in place and hand sanitisers outside.

Water station(s): to be self-service:-

- Set up outdoors in a wide open area
- Runners required to hand sanitise before and after touching anything
- No cups provided
- There will be water containers available to refill runner's bottles.

Race Route: Given the time of the day the race will be starting, the large, wide open space for the start/finish, width of paths, the number of runners and avoidance in the main of busy pedestrian areas etc runners will be able to maintain appropriate distancing from other runners and other path users. Runners are required to be mindful of others and adhere to proper etiquette; be careful on short sections that are narrow; be patient and overtake only when suitable; to be aware that social distancing throughout the event from other runners, race crew and other path users, is their responsibility and is mandatory.

Finish:

- Runners will be guided into the finish with stake & tape



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- Marshals at the finish at the finish area to ensure social distancing and direct runners to the exit/car parks as quickly as possible. Runners not encouraged to wait around after finishing.
- Runners will collect their own medal from the finish line table.
- The runners will be spread out between 8.30am and 11.30am, therefore minimal numbers in the vicinity at any one time.

Face Covering: Runners advised to wear a buff which can be used as a face-covering at the start/feed-stations/finish if desired

Crew/Marshals: Crew & Marshals briefed to wear face-covering and gloves, in addition to maintaining social distancing. Individual briefings given to ensure each person is aware of what is required.

Safety Monitoring:

- We have been and will be monitoring the Government guidance and will continue to do so right up until race day. We will act responsibly in accordance with any tightening or loosening of restrictions. There is a possibility that the guidance will change and that the event may not be able to go ahead. If so, we will give runners as much notice as possible.

Event Cancellation/Postponement Options:

- If we are required to cancel or postpone the event, runners will have numerous options. By default, runner's entries will automatically be carried over to the next running of the event, or they can opt to defer to any other future event, to be issued with a full refund (minus a small processing fee) or to run virtually.
- Anyone anxious about taking part in this race was given ample opportunity to defer their entry to the event to any future event, or they could transfer it to someone else. This needed to be arranged more than two weeks before race day.